

Iconic Italian Sodas

By Dylan Sabuco

Equipment

Prep Time / Cook Time / Serves 4 - 6

Fun-Da-Mentals Kitchen Skills

stir: to mix together two or more ingredients with a spoon or spatula, usually in a circle pattern, or figure eight, or in whatever direction you like!

□ Pitcher □ Dry measuring cups □ Liquid measuring cup □ Wooden spoon or spatula Ingredients Iconic Italian Sodas □ 1/2 C yogurt, vanilla or plain **(for DAIRY ALLERGY sub dairy-free/nut-free vanilla or plain yogurt)** □ 1/2 C granulated sugar □ 3 C sparkling water (use your favorite flavor) □ ice

Food Allergen Substitutions

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Dairy: Substitute dairy-free/nut-free vanilla or plain yogurt.

Instructions

Iconic Italian Sodas

combine + stir

In your pitcher, combine 1/2 cup yogurt and 1/2 cup sugar. Stir until the sugar is well mixed and mostly dissolved.

add + stir

Then, add **3 cups sparkling water** and stir to create a bubbly Italian soda. Use your favorite flavor of sparkling water to spice up this drink! Pour over ice and enjoy!