

## **Sweet Coconut Cream**

By Erin Fletter

Prep Time 5 / Cook Time / Serves 4 - 6

# **Fun-Da-Mentals Kitchen Skills**

**measure:** to calculate the specific amount of an ingredient required using a measuring tool (like measuring cups or spoons).

whisk: to beat or stir ingredients vigorously with a fork or whisk to mix, blend, or incorporate air.

# Equipment Small mixing bowl Liquid measuring cup Measuring spoons Whisk Ingredients Sweet Coconut Cream 1/2 cup coconut cream (the cream is at the top of a can of coconut milk) 2 T brown sugar/honey/maple syrup (or 2 stevia packets) 1 pinch salt

# **Food Allergen Substitutions**

**Sweet Coconut Cream** 

## **Instructions**

**Sweet Coconut Cream** 

# measure + whisk

Have kids add 1/2 cup coconut cream (skimmed from the top of a can of coconut milk) to a small mixing bowl. They can also measure and add 2 tablespoons of brown sugar or other sweetener and 1 pinch of salt to the bowl. Have kids whisk until the sugar is combined with the coconut cream. Pour on top of pancakes, like Zany Last Minute Upside-Down Pineapple Pancakes. Yum!