

Sweet "Zobo" Hibiscus Quencher

By Dylan Sabuco

Equipment

Prep Time 5 / Cook Time / Serves 4 - 6

Fun-Da-Mentals Kitchen Skills

measure: to calculate the specific amount of an ingredient required using a measuring tool (like measuring cups or spoons).

steep: to soak a food, like tea, in water or other liquid so as to bring out its flavor.

□ Pitcher □ Liquid measuring cup □ Wooden spoon Ingredients Sweet "Zobo" Hibiscus Quencher □ 3 C water □ 1 C pineapple, orange, or apple juice □ 2 hibiscus tea bags □ ice, optional

Food Allergen Substitutions

Sweet "Zobo" Hibiscus Quencher

Instructions

Sweet "Zobo" Hibiscus Quencher

measure + steep

Measure **3 cups water** and **1 cup fruit juice** (of your choice) into a pitcher and stir. Then, add **2 hibiscus tea bags**. Steep for 10 to 15 minutes.

remove + pour

Remove the tea bags and discard. Then, stir, pour the drink over ice, and enjoy!